

LET'S HOLD HANDS!

Create yourself in paper!

MATERIALS:

- one adult to help you
- one heavy weight piece of paper, 3.5" x 8" (9cm x 20cm)
- one business-size regular envelope, 4.125" x 9.5" (10.5cm x 24.1cm)
- scissors
- paste and/or double-sided tape
- small scraps of papers and/or fabrics
- computer print-out of the figure
- computer print-out of the form

1- PRINT FIGURE

Print one copy of the figure on the last page.

2- PLACE PAPER

Place the heavy paper under the figure.

3- CUT OUT FIGURE

Cut through the figure as you cut out the shape from the heavier paper, both at the same time. The figure shape made from the heavier paper will be YOU. Put the figure aside to use on another doll later, or discard.

4- CHOOSE PAPERS OR FABRICS

Choose paper or fabrics for creating the doll's clothes. Since this doll is supposed to look like YOU, you may wish to choose colors and styles for clothes like those that you might wear.

Do not cut up your own clothes!

5- PLACE DOLL ON TOP

- Place doll on top with paper or fabric underneath.
- Keep the back side of the paper or fabric facing the front side of the doll.
- Trace around the doll with a marker so that the back side of your paper or fabric has the ink tracing of the doll shape.
- You may do this in segments. For example, if you want a red shirt and green pants you may trace and cut the clothing separately.

6- CUT OUT

Cut out the clothing pieces.

7- PASTE OR TAPE

Paste or tape clothing onto the doll.

8- TRIM

Trim clothing to fit.

9- HAIR

- Select the paper or fabric
- Proceed as you did with making the clothing.
- Be sure to leave space for your face.

10- EYES, NOSE AND MOUTH

Cut out or draw on your eyes, nose and mouth. If you wish, add your eyebrows and your ears, too. Are you smiling? I hope so!

11- JEWELRY AND ACCESSORIES

Jewelry and accessories may be added now if you wish. You might want to be wearing a necklace or a bracelet, or a scarf or a tie. You could even put a flower in your hair or a hat on your head.

12- LOOK IN THE MIRROR:

Does your doll look like you? Look in the mirror and compare. When you are satisfied with your doll you are ready to write your note.

13- PRINT FORM

Print out this form for your note:



LET'S HOLD HANDS!

My first name is _____

I have had _____ birthdays

I go to _____ school

I live in:

_____ (city)

_____ (state)

_____ (country)

Let's be friends!

LET'S HOLD HANDS!

www.letsholdhands.com

If you want to write an extra message you may write it at the bottom of the form on the lines provided.

14- ENVELOPE

Put your doll and your message into a regular business envelope (the doll will just fit), and send it to me:

Susan L. Roth
LET'S HOLD HANDS!
P.O. Box 541492
Linden Hill, New York 11354
USA

Please include your name, address and email address if you would like to be notified that your doll is to be included in the exhibition such as the one of the original art from Listen to the Wind in the Children's Museum of Manhattan next November, or selected to travel to a faraway place such as Pakistan, to hold hands with a doll from that place.

